



## Day 1: Legends of Arthur Tintagel Castle & Neolithic Sites (August 30)

Check out of the hotel early at 8:00 am, and begin the 4-hour scenic drive to Cornwall. Our first stop will be the ancient **Spinsters' Rock**, a Neolithic dolmen, followed by a visit to the **Hurlers Stone Circle**, one of Cornwall's largest stone circles, steeped in myth. Pick up lunch on the go from Subway, then continue to **King Arthur's Hall**, an intriguing site adorned with 72 stained glass windows depicting Arthurian legends. Afterward, we'll visit **Tintagel Castle**, the legendary birthplace of King Arthur, perched dramatically on the rugged coastline. Close the day at **The Cornwall Hotel & Spa**, where we'll enjoy a relaxing dinner on-site.



## Day 2: Sacred Stones, Roche Rock & Menacuddle Well (August 31)

After breakfast, leave at 9:00 am to visit the eerie and mystical **Roche Rock**, steeped in ancient lore. Continue to **Menacuddle Well**, a 15th-century holy well said to grant wishes to those who drop a pin into its waters. Next, explore **Dore Iron Age Hillfort**, which dates back to the 5th century BC. Afterward, tour the **St. Austell Brewery**, where you'll enjoy beer tastings and a hearty lunch. In the afternoon, visit **Dozmary Pool**, where legends claim King Arthur's sword, Excalibur, was returned to the Lady of the Lake. Next, discover the secrets of **Temple Church**, a 12th-century Knights Templar chapel, and stop by the **Tristan Stone**, an inscribed stone said to mark the grave of Tristan, one of the knights of the Round Table. End the day with dinner at the historic 16th-century **Polgooth Inn**.



## Day 3: Lost Gardens of Heligan, Halliggye Fogou & Seal Sanctuary (September 1)

Check out at 9:30 am and start the day with a peaceful walk through the enchanting **Lost Gardens of Heligan**. Afterward, visit the **Cornish Seal Sanctuary** and meet some adorable rescued seals. Have lunch at the nearby Wheel Inn. After lunch, explore the ancient underground tunnel complex of **Halliggye Fogou**, dating back to the Iron Age. Check into the **Carbis Bay Hotel & Resort** for some downtime before enjoying a late dinner at the hotel's **Beach Club Restaurant**, with an Italian-inspired menu.



## Day 4: St. Michael's Mount & Ancient Stone Circles (September 2)

Depart at 10:00 am for the stunning island sanctuary of **St. Michael's Mount**, rich in both history and legend. Enjoy a traditional **Afternoon Tea** here before returning to the mainland. Next, visit **Chyoone Cross** and **Boskenna Cross**, followed by the ancient **Tregiffian Burial Chamber**. Stop by the mystical **Merry Maidens Stone Circle**, where 19 maidens were said to have been turned to stone for dancing on a Sunday. Continue to the unique **Boscawen-un Stone Circle**, featuring a leaning central stone and a quartz menhir. Our final visit will be to Chysauster Ancient Village, an Iron Age settlement unique to this region. Return to the hotel to freshen up before heading into **St. Ives** for dinner at **The Hub**.



## Day 5: Lanyon Quoit, Carn Euny, & Penzance Gin Tasting (September 3)

After breakfast, visit the intriguing **Lanyon Quoit**, an ancient dolmen, and the enigmatic **Men-an-Tol**, where ancient rituals were once held. Explore **Carn Euny Holy Well** and its ancient village, as well as its burial chamber counterpart, **Brane Entrance Grave**. Continue to **Sennen Church**, a historic site dedicated to both St. Sennen and John the Baptist, with ties to the Knights Templar. Lunch will be at the **First and Last Inn**, followed by a visit to **Penzance** for a gin tasting at a Cornish distillery. Return to the hotel for some relaxation before our final dinner at the Michelin-starred **The Ugly Butterfly**, featuring a chef's menu with optional wine pairings.



## Day 6: Exeter Cathedral & Return to London (September 4)

Check out at 9:30 am and begin the 5-hour drive back to London. Stop midway in **Exeter** to visit the grand **Exeter Cathedral**, followed by lunch at the **Cosy Club**. After lunch, continue to **London Heathrow Marriott**, where we'll have our final dinner together and prepare for the next day's departures.



**Until Next Time!**

**Book Your Next Tour at [HayleyARamsey.com](http://HayleyARamsey.com)!**